



Text Messaging and Email Consent Form

If you wish to receive text message or email appointment confirmations and have not already completed this form, please fill in your details below and return to a practice representative. Thank you.

Midcoast Eyecare, LLC (Damariscotta Eyecare) has partnered with a service which enables us to contact you by text message or email to confirm appointments. The office may also contact you via text message and/or email to contact you regarding other services, for example, outgoing referrals, or change in appointment status.

The appointment reminder services will send you a reminder via text message one day and five days, before your appointment is scheduled.

If your mobile number or email address change, please remember to keep us up to date with your latest information.

Damariscotta Eyecare cannot be held responsible for messages sent to a mobile number or email address you have supplied but you no longer own, or if someone has access to your phone or email and can view your messages. SMS consent is not shared with third parties.

SMS Terms of Service

By opting into SMS from a web form or other medium, you are agreeing to receive SMS messages from Damariscotta Eyecare. This includes SMS messages for customer care. Message frequency varies. Message and data rates may apply. See privacy policy at [<https://midcoasteyecare.com/wp-content/uploads/2025/06/HIPAA-Form.pdf>]. Message HELP for help. Reply STOP to any message to opt out.

Signed: _____ Date: _____

Printed Name: _____ DOB: _____

Mobile telephone number: _____

Email address: _____